

**Community Caregivers
Memory Loss Support Group
2012 Schedule**

<u>Month</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>
January	19	Thursday	1 pm
February	16	Thursday	1 pm
March	15	Thursday	1 pm
April	19	Thursday	1 pm
May	17	Thursday	1 pm
June	21	Thursday	1 pm
July	19	Thursday	1 pm
August	16	Thursday	1 pm
September	20	Thursday	1 pm
October	18	Thursday	1 pm
November	15	Thursday	1 pm
December	20	Thursday	1 pm

Community Caregivers, in partnership with the Alzheimer's Association, hosts a monthly support group for caregivers of loved ones with Alzheimer's disease or other dementias.

The purpose of the group is to offer caregiver support, information, resources and socialization in a comfortable environment.

Meetings will be held from 1 to 2 p.m. on the third Thursday of each month, in the music room at Christ the King church, 20 Sumpter Avenue, Albany. Susan Griffiths, RN, will lead the group.

There is no charge for the meetings and they are open to the public. Advance registration is preferred, but not required. Please call 456-2898 or email info@communitycaregivers.org if you'd like to attend.

Respite volunteers may be available, but service must be requested 10 days in advance.