

FOR IMMEDIATE RELEASE

CONTACT: Chris Damon
Program Director
Community Caregivers, Inc.
Tel: (518) 456-2898

FAMILY CAREGIVER SUPPORT SERVICES AVAILABLE IN SOUTHWESTERN ALBANY COUNTY

GUILDERLAND, NY (March 25, 2011) -- Community Caregivers, a Guilderland-based non-profit that assists home caregivers and their care recipients, is reaching out to those who need help managing the physical, emotional and financial challenges of long-term caregiving. Through education and professional support, Community Caregivers connects families and close friends with problem-solving services that help them continue caring for their loved ones at home. The organization serves residents in the Townships of Guilderland, Bethlehem, Berne, Knox and New Scotland.

In-home respite, which gives caregivers a temporary break from their daily responsibilities, is just one of the services Community Caregivers provides. A Memory Loss Support Group offers resources that reduce stress and maintain the health of people wrestling with issues such as dementia care, medication management, home safety and the legal aspects of caregiving. Trained volunteers can also bring relief in the forms of home visits, housekeeping, shopping assistance, and transportation to and from medical appointments. In cases where Community Caregivers cannot provide all the help necessary, they will refer families and friends to other service providers for supplemental aid.

For more information, or to inquire about services for your family or friends, please visit www.CommunityCaregivers.org or call the Community Caregivers office at (518) 456-2898.