

Community Caregivers, Inc.

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www.CommunityCaregivers.org**

Summary of Services

Transportation: Driving disabled, elderly, and non-driving persons to and from medical appointments, visits to family in nursing homes and other essential activities. We provide rides to the city of Albany and the surrounding towns as far as Latham, and to the city of Schenectady. Clients can request up to 2 rides a week and must give 10 days' notice.

Shopping: Either accompanying a client who needs assistance to shop -- or doing the shopping -- for food, prescriptions, and personal items.

Caregiver Respite: Providing an attentive presence for a care receiver that will allow individuals and families who care for someone with an illness or disability to enjoy a break from their caregiving responsibilities. Our volunteers will visit, talk, read, and do crafts. We are unable to provide medical or "hands-on" care. Respite is usually once a week for 2 to 3 hours.

Meal Preparation/Delivery: Preparing simple meals for individuals and families temporarily unable to provide for themselves and/or delivering food from local pantries.

Light Housekeeping: Dusting, vacuuming, and straightening up as needed. Housekeeping may be scheduled weekly, biweekly, or monthly. Scrubbing floors and bathrooms is not included.

Chores: Carrying packages, trimming hedges, mowing lawns, organizing closets and unpacking boxes.

Assistance with Paperwork: Helping persons who are visually impaired or have physical limitations with sorting mail, organizing bills, and completing forms. Volunteers do not write or sign checks or act as Power of Attorney.

Referrals to Other Agencies and Services: Providing information about services available in the area, and/or making direct referrals to appropriate agencies.

Visitation: Weekly or biweekly visits to provide a physical presence for social contact and emotional/psychological support.

Telephone Assurance: Brief contact by telephone to check on an individual's wellbeing and to provide social and emotional support.