



**Community Caregivers**  
*Neighbors Helping Neighbors*

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## **For Immediate Release**

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**Contact:** Kathy Brown  
**Community Caregivers, Inc.**  
2021 Western Ave.  
Albany, NY 12203  
**Phone:** (518) 456-2898  
**Email:** [kathy@communitycaregivers.org](mailto:kathy@communitycaregivers.org)

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### **Community Caregivers Provides Entertaining and Educational Lunchtime Chats**

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**Guilderland, NY – May 20** – Community Caregivers, Inc., in cooperation with The Albany Guardian Society, is now offering a service for those seeking a productive distraction from pandemic related matters. Lunchtime Chats is a program that allows callers to interact with experts in a variety of fields. Recent topics have included traveling in Portugal and Morocco, the 1980 Winter Olympics, beekeeping, gardening and maple syrup production. Offered every Tuesday and Friday at 1pm, these call-in shows are free and open to the public. Simply dial 518-992-6661 at 1pm to access the chat line. For more information, or to request to be put on an automated call list, call Community Caregivers at 518-456-2898.

*For twenty-five years Community Caregivers, Inc. has helped those in local communities who may require a little assistance while they remain in their homes and live independently with dignity.*

*Through a network of dedicated staff and volunteers, clients receive reassurance calls, friendly visits, help with transportation, shopping and light chores. Caregivers are also provided support through education and respite visits. Community Caregivers is always seeking new volunteers and clients. For more information visit [www.communitycaregivers.org](http://www.communitycaregivers.org) or call (518) 456-2898.*

2021 Western Avenue, Suite 104, Albany, New York 12203  
Phone 518-456-2898 • Fax 518-456-2895 • Email: [info@communitycaregivers.org](mailto:info@communitycaregivers.org)  
Website: [www.communitycaregivers.org](http://www.communitycaregivers.org)