

## **For Immediate Release**

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## Community Caregivers and Rensselaer County Join Forces to Combat Isolation in the Senior Community

**Guilderland, NY – May 8, 2020 –** A new program, Checking on Our Neighbors, will soon connect isolated seniors in Rensselaer County with volunteers who will provide ongoing check-ins and assurance phone calls in an effort to combat loneliness in the elderly. Carol Rosbozom, Commissioner of the Office for the Aging in Rensselaer County, said the initiative is needed now more than ever before. "Senior adults who live alone and those with disabling conditions have been particularly hard hit by the disruption of daily life and routines that have occurred during the COVID-19 shutdown. This friendly call will connect older adults and anyone with an underlying condition who are especially vulnerable if infected with the coronavirus."

The program, which is funded through a grant from The Troy Savings Bank Charitable Foundation, is a collaboration between Community Caregivers, Inc., a Capital Region non-profit that assists those who want to remain in their own homes, and the Rensselaer Office for the Aging. According to Community Caregivers Executive Director, Lee Lounsbury, "Individuals at risk of social isolation will be paired with a volunteer, screened and trained by Community Caregivers, who will call them for a friendly chat over the telephone twice a week." Both Rosbozom and Lounsbury hope that these phone calls will offer a regular social connection for the recipient and therefore reduce loneliness and isolation.

For more information on this free program, Checking on Our Neighbors, please call Rensselaer County's NY Connects at 518-270-2767. If you would like more information about how to volunteer, contact Linda Miller at Community Caregivers, <u>linda@communitycaregivers.org</u>.

For twenty-five years Community Caregivers, Inc. has helped those in local communities who may require a little assistance while they remain in their homes and live independently with dignity. Through a network of dedicated staff and volunteers, clients receive reassurance calls, friendly visits, help with transportation, shopping and light chores. Caregivers are also provided support through education and respite visits. Community Caregivers is always seeking new volunteers and clients. For more information visit <u>www.communitycaregivers.org</u> or call (518) 456-2898.

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